

# ART AS EXPERI ENCE



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by John Dewey

**A Perigee Book**

### 3 Having an Experience

EXPERIENCE occurs continuously, because the interaction of live creature and environing conditions is involved in the very process of living. Under conditions of resistance and conflict, aspects and elements of the self and the world that are implicated in this interaction qualify experience with emotions and ideas so that conscious intent emerges. Oftentimes, however, the experience had is inchoate. Things are experienced but not in such a way that they are composed into *an* experience. There is distraction and dispersion; what we observe and what we think, what we desire and what we get, are at odds with each other. We put our hands to the plow and turn back; we start and then we stop, not because the experience has reached the end for the sake of which it was initiated but because of extraneous interruptions or of inner lethargy.

In contrast with such experience, we have *an* experience when the material experienced runs its course to fulfillment. Then and

then only is it integrated within and demarcated in the general stream of experience from other experiences. A piece of work is finished in a way that is satisfactory; a problem receives its solution; a game is played through; a situation, whether that of eating a meal, playing a game of chess, carrying on a conversation, writing a book, or taking part in a political campaign, is so rounded out that its close is a consummation and not a cessation. Such an experience is a whole and carries with it its own individualizing quality and self-sufficiency. It is *an* experience.

Philosophers, even empirical philosophers, have spoken for the most part of experience at large. Idiomatic speech, however, refers to experiences each of which is singular, having its own beginning and end. For life is no uniform uninterrupted march or flow. It is a thing of histories, each with its own plot, its own inception and movement toward its close, each having its own particular rhythmic movement; each with its own unrepeated quality pervading it throughout. A flight of stairs, mechanical as it is, proceeds by individualized steps, not by undifferentiated progression, and an inclined plane is at least marked off from other things by abrupt discreteness.

Experience in this vital sense is defined by those situations and episodes that we spontaneously refer to as being "real experiences"; those things of which we say in recalling them, "that *was* an experience." It may have been something of tremendous importance—a quarrel with one who was once an intimate, a catastrophe finally averted by a hair's breadth. Or it may have been something that in comparison was slight—and which perhaps because of its very slightness illustrates all the better what is to be an experience. There is that meal in a Paris restaurant of which one says "that *was* an experience." It stands out as an enduring memorial of what food may be. Then there is that storm one went through in crossing the Atlantic—the storm that seemed in its fury, as it was experienced, to sum up in itself all that a storm can be, complete in itself, standing out because marked out from what went before and what came after.

In such experiences, every successive part flows freely, without seam and without unfilled blanks, into what ensues. At the same

time there is no sacrifice of the self-identity of the parts. A river, as distinct from a pond, flows. But its flow gives a definiteness and interest to its successive portions greater than exist in the homogeneous portions of a pond. In an experience, flow is from something to something. As one part leads into another and as one part carries on what went before, each gains distinctness in itself. The enduring whole is diversified by successive phases that are emphases of its varied colors.

Because of continuous merging, there are no holes, mechanical junctions, and dead centers when we have *an* experience. There are pauses, places of rest, but they punctuate and define the quality of movement. They sum up what has been undergone and prevent its dissipation and idle evaporation. Continued acceleration is breathless and prevents parts from gaining distinction. In a work of art, different acts, episodes, occurrences melt and fuse into unity, and yet do not disappear and lose their own character as they do so—just as in a genial conversation there is a continuous interchange and blending, and yet each speaker not only retains his own character but manifests it more clearly than is his wont.

An experience has a unity that gives it its name, *that meal*, *that storm*, *that rupture of friendship*. The existence of this unity is constituted by a single quality that pervades the entire experience in spite of the variation of its constituent parts. This unity is neither emotional, practical, nor intellectual, for these terms name distinctions that reflection can make within it. In discourse *about* an experience, we must make use of these adjectives of interpretation. In going over an experience in mind *after* its occurrence, we may find that one property rather than another was sufficiently dominant so that it characterizes the experience as a whole. There are absorbing inquiries and speculations which a scientific man and philosopher will recall as "experiences" in the emphatic sense. In final import they are intellectual. But in their actual occurrence they were emotional as well; they were purposive and volitional. Yet the experience was not a sum of these different characters; they were lost in it as distinctive traits. No thinker can ply his occupation save as he is lured and rewarded by total integral experiences that are intrinsically worthwhile. Without them he would

never know what it is really to think and would be completely at a loss in distinguishing real thought from the spurious article. Thinking goes on in trains of ideas, but the ideas form a train only because they are much more than what an analytic psychology calls ideas. They are phases, emotionally and practically distinguished, of a developing underlying quality; they are its moving variations, not separate and independent like Locke's and Hume's so-called ideas and impressions, but are subtle shadings of a pervading and developing hue.

We say of an experience of thinking that we reach or draw a conclusion. Theoretical formulation of the process is often made in such terms as to conceal effectually the similarity of "conclusion" to the consummating phase of every developing integral experience. These formulations apparently take their cue from the separate propositions that are premisses and the proposition that is the conclusion as they appear on the printed page. The impression is derived that there are first two independent and ready-made entities that are then manipulated so as to give rise to a third. In fact, in an experience of thinking, premisses emerge only as a conclusion becomes manifest. The experience, like that of watching a storm reach its height and gradually subside, is one of continuous movement of subject-matters. Like the ocean in the storm, there are a series of waves; suggestions reaching out and being broken in a clash, or being carried onwards by a coöperative wave. If a conclusion is reached, it is that of a movement of anticipation and cumulation, one that finally comes to completion. A "conclusion" is no separate and independent thing; it is the consummation of a movement.

Hence *an* experience of thinking has its own esthetic quality. It differs from those experiences that are acknowledged to be esthetic, but only in its materials. The material of the fine arts consists of qualities; that of experience having intellectual conclusion are signs or symbols having no intrinsic quality of their own, but standing for things that may in another experience be qualitatively experienced. The difference is enormous. It is one reason why the strictly intellectual art will never be popular as music is popular. Nevertheless, the experience itself has a satisfying emotional qual-

ity because it possesses internal integration and fulfillment reached through ordered and organized movement. This artistic structure may be immediately felt. In so far, it is esthetic. What is even more important is that not only is this quality a significant motive in undertaking intellectual inquiry and in keeping it honest, but that no intellectual activity is an integral event (is *an* experience), unless it is rounded out with this quality. Without it, thinking is inconclusive. In short, esthetic cannot be sharply marked off from intellectual experience since the latter must bear an esthetic stamp to be itself complete.

The same statement holds good of a course of action that is dominantly practical, that is, one that consists of overt doings. It is possible to be efficient in action and yet not have a conscious experience. The activity is too automatic to permit of a sense of what it is about and where it is going. It comes to an end but not to a close or consummation in consciousness. Obstacles are overcome by shrewd skill, but they do not feed experience. There are also those who are wavering in action, uncertain, and inconclusive like the shades in classic literature. Between the poles of aimlessness and mechanical efficiency, there lie those courses of action in which through successive deeds there runs a sense of growing meaning conserved and accumulating toward an end that is felt as accomplishment of a process. Successful politicians and generals who turn statesmen like Caesar and Napoleon have something of the showman about them. This of itself is not art, but it is, I think, a sign that interest is not exclusively, perhaps not mainly, held by the result taken by itself (as it is in the case of mere efficiency), but by it as the outcome of a process. There is interest in completing an experience. The experience may be one that is harmful to the world and its consummation undesirable. But it has esthetic quality.

The Greek identification of good conduct with conduct having proportion, grace, and harmony, the *kalon-agathon*, is a more obvious example of distinctive esthetic quality in moral action. One great defect in what passes as morality is its anesthetic quality. Instead of exemplifying wholehearted action, it takes the form of grudging piecemeal concessions to the demands of duty. But il-

lustrations may only obscure the fact that any practical activity will, provided that it is integrated and moves by its own urge to fulfillment, have esthetic quality.

A generalized illustration may be had if we imagine a stone, which is rolling down hill, to have an experience. The activity is surely sufficiently "practical." The stone starts from somewhere, and moves, as consistently as conditions permit, toward a place and state where it will be at rest—toward an end. Let us add, by imagination, to these external facts, the ideas that it looks forward with desire to the final outcome; that it is interested in the things it meets on its way, conditions that accelerate and retard its movement with respect to their bearing on the end; that it acts and feels toward them according to the hindering or helping function it attributes to them; and that the final coming to rest is related to all that went before as the culmination of a continuous movement. Then the stone would have an experience, and one with esthetic quality.

If we turn from this imaginary case to our own experience, we shall find much of it is nearer to what happens to the actual stone than it is to anything that fulfills the conditions fancy just laid down. For in much of our experience we are not concerned with the connection of one incident with what went before and what comes after. There is no interest that controls attentive rejection or selection of what shall be organized into the developing experience. Things happen, but they are neither definitely included nor decisively excluded; we drift. We yield according to external pressure, or evade and compromise. There are beginnings and cessations, but no genuine initiations and conclusions. One thing replaces another, but does not absorb it and carry it on. There is experience, but so slack and discursive that it is not *an* experience. Needless to say, such experiences are anesthetic.

Thus the non-esthetic lies within two limits. At one pole is the loose succession that does not begin at any particular place and that ends—in the sense of ceasing—at no particular place. At the other pole is arrest, constriction, proceeding from parts having only a mechanical connection with one another. There exists so much of one and the other of these two kinds of experience that

unconsciously they come to be taken as norms of all experience. Then, when the esthetic appears, it so sharply contrasts with the picture that has been formed of experience, that it is impossible to combine its special qualities with the features of the picture and the esthetic is given an outside place and status. The account that has been given of experience dominantly intellectual and practical is intended to show that there is no such contrast involved in having an experience; that, on the contrary, no experience of whatever sort is a unity unless it has esthetic quality.

The enemies of the esthetic are neither the practical nor the intellectual. They are the humdrum; slackness of loose ends; submission to convention in practice and intellectual procedure. Rigid abstinence, coerced submission, tightness on one side and dissipation, incoherence and aimless indulgence on the other, are deviations in opposite directions from the unity of an experience. Some such considerations perhaps induced Aristotle to invoke the "mean proportional" as the proper designation of what is distinctive of both virtue and the esthetic. He was formally correct. "Mean" and "proportion" are, however, not self-explanatory, nor to be taken over in a prior mathematical sense, but are properties belonging to an experience that has a developing movement toward its own consummation.

I have emphasized the fact that every integral experience moves toward a close, an ending, since it ceases only when the energies active in it have done their proper work. This closure of a circuit of energy is the opposite of arrest, of *stasis*. Maturation and fixation are polar opposites. Struggle and conflict may be themselves enjoyed, although they are painful, when they are experienced as means of developing an experience; members in that they carry it forward, not just because they are there. There is, as will appear later, an element of undergoing, of suffering in its large sense, in every experience. Otherwise there would be no taking in of what preceded. For "taking in" in any vital experience is something more than placing something on the top of consciousness over what was previously known. It involves reconstruction which may be painful. Whether the necessary undergoing phase is by itself pleasurable or painful is a matter of particular conditions.

It is indifferent to the total esthetic quality, save that there are few intense esthetic experiences that are wholly gleeful. They are certainly not to be characterized as amusing, and as they bear down upon us they involve a suffering that is none the less consistent with, indeed a part of, the complete perception that is enjoyed.

I have spoken of the esthetic quality that rounds out an experience into completeness and unity as emotional. The reference may cause difficulty. We are given to thinking of emotions as things as simple and compact as are the words by which we name them. Joy, sorrow, hope, fear, anger, curiosity, are treated as if each in itself were a sort of entity that enters full-made upon the scene, an entity that may last a long time or a short time, but whose duration, whose growth and career, is irrelevant to its nature. In fact emotions are qualities, when they are significant, of a complex experience that moves and changes. I say, when they are *significant*, for otherwise they are but the outbreaks and eruptions of a disturbed infant. All emotions are qualifications of a drama and they change as the drama develops. Persons are sometimes said to fall in love at first sight. But what they fall into is not a thing of that instant. What would love be were it compressed into a moment in which there is no room for cherishing and for solicitude? The intimate nature of emotion is manifested in the experience of one watching a play on the stage or reading a novel. It attends the development of a plot; and a plot requires a stage, a space, wherein to develop and time in which to unfold. Experience is emotional but there are no separate things called emotions in it.

By the same token, emotions are attached to events and objects in their movement. They are not, save in pathological instances, private. And even an "objectless" emotion demands something beyond itself to which to attach itself, and thus it soon generates a delusion in lack of something real. Emotion belongs of a certainty to the self. But it belongs to the self that is concerned in the movement of events toward an issue that is desired or disliked. We jump instantaneously when we are scared, as we blush on the instant when we are ashamed. But fright and shamed modesty are not in this case emotional states. Of themselves they are but automatic reflexes. In order to become emotional they must become

parts of an inclusive and enduring situation that involves concern for objects and their issues. The jump of fright becomes emotional fear when there is found or thought to exist a threatening object that must be dealt with or escaped from. The blush becomes the emotion of shame when a person connects, in thought, an action he has performed with an unfavorable reaction to himself of some other person.

Physical things from far ends of the earth are physically transported and physically caused to act and react upon one another in the construction of a new object. The miracle of mind is that something similar takes place in experience without physical transport and assembling. Emotion is the moving and cementing force. It selects what is congruous and dyes what is selected with its color, thereby giving qualitative unity to materials externally disparate and dissimilar. It thus provides unity in and through the varied parts of an experience. When the unity is of the sort already described, the experience has esthetic character even though it is not, dominantly, an esthetic experience.

Two men meet; one is the applicant for a position, while the other has the disposition of the matter in his hands. The interview may be mechanical, consisting of set questions, the replies to which perfunctorily settle the matter. There is no experience in which the two men meet, nothing that is not a repetition, by way of acceptance or dismissal, of something which has happened a score of times. The situation is disposed of as if it were an exercise in bookkeeping. But an interplay may take place in which a new experience develops. Where should we look for an account of such an experience? Not to ledger-entries nor yet to a treatise on economics or sociology or personnel-psychology, but to drama or fiction. Its nature and import can be expressed only by art, because there is a unity of experience that can be expressed only as an experience. The *experience* is of material fraught with suspense and moving toward its own consummation through a connected series of varied incidents. The primary emotions on the part of the applicant may be at the beginning hope or despair, and elation or disappointment at the close. These emotions qualify the experience as a unity. But as the interview proceeds, secondary emotions are

evolved as variations of the primary underlying one. It is even possible for each attitude and gesture, each sentence, almost every word, to produce more than a fluctuation in the intensity of the basic emotion; to produce, that is, a change of shade and tint in its quality. The employer sees by means of his own emotional reactions the character of the one applying. He projects him imaginatively into the work to be done and judges his fitness by the way in which the elements of the scene assemble and either clash or fit together. The presence and behavior of the applicant either harmonize with his own attitudes and desires or they conflict and jar. Such factors as these, inherently esthetic in quality, are the forces that carry the varied elements of the interview to a decisive issue. They enter into the settlement of every situation, whatever its dominant nature, in which there are uncertainty and suspense.

There are, therefore, common patterns in various experiences, no matter how unlike they are to one another in the details of their subject matter. There are conditions to be met without which an experience cannot come to be. The outline of the common pattern is set by the fact that every experience is the result of interaction between a live creature and some aspect of the world in which he lives. A man does something; he lifts, let us say, a stone. In consequence he undergoes, suffers, something: the weight, strain, texture of the surface of the thing lifted. The properties thus undergone determine further doing. The stone is too heavy or too angular, not solid enough; or else the properties undergone show it is fit for the use for which it is intended. The process continues until a mutual adaptation of the self and the object emerges and that particular experience comes to a close. What is true of this simple instance is true, as to form, of every experience. The creature operating may be a thinker in his study and the environment with which he interacts may consist of ideas instead of a stone. But interaction of the two constitutes the total experience that is had, and the close which completes it is the institution of a felt harmony.

An experience has pattern and structure, because it is not just

doing and undergoing in alternation, but consists of them in relationship. To put one's hand in the fire that consumes it is not necessarily to have an experience. The action and its consequence must be joined in perception. This relationship is what gives meaning; to grasp it is the objective of all intelligence. The scope and content of the relations measure the significant content of an experience. A child's experience may be intense, but, because of lack of background from past experience, relations between undergoing and doing are slightly grasped, and the experience does not have great depth or breadth. No one ever arrives at such maturity that he perceives all the connections that are involved. There was once written (by Mr. Hinton) a romance called "The Unlearner." It portrayed the whole endless duration of life after death as a living over of the incidents that happened in a short life on earth, in continued discovery of the relationships involved among them.

Experience is limited by all the causes which interfere with perception of the relations between undergoing and doing. There may be interference because of excess on the side of doing or of excess on the side of receptivity, of undergoing. Unbalance on either side blurs the perception of relations and leaves the experience partial and distorted, with scant or false meaning. Zeal for doing, lust for action, leaves many a person, especially in this hurried and impatient human environment in which we live, with experience of an almost incredible paucity, all on the surface. No one experience has a chance to complete itself because something else is entered upon so speedily. What is called experience becomes so dispersed and miscellaneous as hardly to deserve the name. Resistance is treated as an obstruction to be beaten down, not as an invitation to reflection. An individual comes to seek, unconsciously even more than by deliberate choice, situations in which he can do the most things in the shortest time.

Experiences are also cut short from maturing by excess of receptivity. What is prized is then the mere undergoing of this and that, irrespective of perception of any meaning. The crowding together of as many impressions as possible is thought to be "life," even though no one of them is more than a flitting and a sipping. The sentimentalist and the day-dreamer may have more fancies

and impressions pass through their consciousness than has the man who is animated by lust for action. But his experience is equally distorted, because nothing takes root in mind when there is no balance between doing and receiving. Some decisive action is needed in order to establish contact with the realities of the world and in order that impressions may be so related to facts that their value is tested and organized.

Because perception of relationship between what is done and what is undergone constitutes the work of intelligence, and because the artist is controlled in the process of his work by his grasp of the connection between what he has already done and what he is to do next, the idea that the artist does not think as intently and penetratingly as a scientific inquirer is absurd. A painter must consciously undergo the effect of his every brush stroke or he will not be aware of what he is doing and where his work is going. Moreover, he has to see each particular connection of doing and undergoing in relation to the whole that he desires to produce. To apprehend such relations is to think, and is one of the most exacting modes of thought. The difference between the pictures of different painters is due quite as much to differences of capacity to carry on this thought as it is to differences of sensitivity to bare color and to differences in dexterity of execution. As respects the basic quality of pictures, difference depends, indeed, more upon the quality of intelligence brought to bear upon perception of relations than upon anything else—though of course intelligence cannot be separated from direct sensitivity and is connected, though in a more external manner, with skill.

Any idea that ignores the necessary rôle of intelligence in production of works of art is based upon identification of thinking with use of one special kind of material, verbal signs and words. To think effectively in terms of relations of qualities is as severe a demand upon thought as to think in terms of symbols, verbal and mathematical. Indeed, since words are easily manipulated in mechanical ways, the production of a work of genuine art probably demands more intelligence than does most of the so-called thinking that goes on among those who pride themselves on being "intellectuals."